



The Porcelain Post

Extension Family and Consumer Sciences strengthens individuals, families and communities through education

Research Based Information from the comfort of your throne!

EXCLUSIVE NEWS for February

LOVE IS IN THE AIR

LOVE

“You can give without loving, but you cannot love without giving.”

-Amy Carmichael



**Love ever gives,
Forgives, outlives,
And ever stands
With open hands.
And while it loves,
It gives.
For this is love's
prerogative-
Oh, give, and give,
and give.**

-John Oxenham

Love is in the air...but being romantic does not mean you have to spend all your money. Below are some inexpensive ways to enjoy each other's company while growing your relationship.

- Attend Local Art shows
- Amateur night at a bar
- Free outdoor concerts
- Tour a local brewery
- Have a game night
- Go stargazing- bring a picnic and dine by sunset
- Have a movie night or watch a marathon of TV shows
- Go to the beach or lake – skip stones or fish
- Go on a bike ride
- Take a hike
- Be a good sport – play Frisbee, hoops, hacky sack
- Give back to your community – volunteer at a pet shelter or another worthwhile program
- Host a dance party
- Go to a playground – challenge each other on the monkey bars or swing
- Free Zoo days – are often advertised in the paper
- Attend a Farmers Market
- Go for a test drive
- Go sledding
- Photo shoot – come up with interesting backdrops, costumes and angles
- Enjoy a scenic drive
- Amateur night at a coffee house – people perform/read poetry
- Check out local yard sales
- Tour a winery
- Watch fireworks
- Enjoy cloud watching
- Go fly a kite
- At home wine tasting
- Couples' Charades
- Organize a progressive potluck dinner
- At home couples massage
- Visit a farm
- Learn something new - take dance class, foreign language
- Sandcastle competition
- Leap into leaves
- Water balloon fight
- Have a picnic
- Bake a sweet treat
- Re-arrange your home

**Contact your
local Extension
Office today!**

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