



Wilson County 4-H

Demonstration Contest



My
Demonstration Is Due:

What is a Demonstration!??

- Showing **how** to do something
- Showing **how** something is made
- Showing **how** something works.

Preparing for Your Demonstration!

- ◆ **Select Your Topic!**
 - ◆ Must relate to a 4-H Project area (see back for project list)
 - ◆ Choose a topic you know something about, or enjoy taking about.
- ◆ **Decide how will teach your topic.**
 - ◆ Use step by step instructions
 - ◆ Be specific and explain what you are doing.
- ◆ **Select materials.**
 - ◆ Use supplies and props to demonstrate with.
 - ◆ Follow school rules (nothing that can be dangerous or against school policy)
 - ◆ No live animals!
 - ◆ Be creative!
- ◆ **Design your posters.**
 - ◆ Stay away from trifold boards
 - ◆ Use a poster, or set of posters.
 - ◆ List your steps and supplies on your poster(s)
 - ◆ Include a Title!
- ◆ **Format and practice your presentation.**
 - ◆ Introduction
 - ◆ “show and tell” all of your materials
 - ◆ Step by Step Instructions
 - ◆ Conclusion

Time Limit
3-5 Minutes

Wilson County 4-H Extension Agents

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The 4-H Project Areas!

Your Demonstration should relate to one of these areas. Awards will be given out per project area, instead of by grade!

| | |
|------------------------------|---------------------------------|
| Beef | Goat |
| Citizenship | Horse |
| Clothing & Textiles | Horticulture/Garden |
| Communication | Leadership/Personal Development |
| Companion Animal | Line & Design |
| Computers & Technology | Nutrition, Health & Fitness |
| Consumer Education/Economics | Performing Arts/Recreation |
| Dairy | Photography |
| Electric | Plant Science |
| Engineering/Safety Science | Poultry |
| Entomology | Sheep |
| Food Science | Swine |
| Forestry/Wildlife/Fisheries | Veterinary Science |

Need Demonstration Ideas? Here are a few Ideas

| | |
|------------------------------------|-------------------------|
| How to Sew on a Button | How an Engine Works |
| How to Make Chocolate Chip Cookies | Learning About a Camera |
| How to Plant a Flower | How to Play Basketball |
| How to Make Healthy Snacks | How a Circuit Works |
| How to Care for a Cat | Fishing Safety |
| How to Give a Dog a Bath | How to Make a Bracelet |

Helpful Hints

- No audience Participation!
- Remember to speak loud and clear
- Don't forget to have good eye contact
- Have good posture, don't slouch or lean on the table.
- PRACTICE at home so you are prepared!
- SMILE and have fun!

