



Wilson County 4-H

Demonstration Contest



My
Demonstration Is Due:

What is a Demonstration!??

- Showing **how** to do something
- Showing **how** something is made
- Showing **how** something works.

Preparing for Your Demonstration!

- ◆ **Select Your Topic!**
 - ◆ Must relate to a 4-H Project area (see back for project list)
 - ◆ Choose a topic you know something about, or enjoy taking about.
- ◆ **Decide how will teach your topic.**
 - ◆ Use step by step instructions
 - ◆ Be specific and explain what you are doing.
- ◆ **Select materials.**
 - ◆ Use supplies and props to demonstrate with.
 - ◆ Follow school rules (nothing that can be dangerous or against school policy)
 - ◆ No live animals!
 - ◆ Be creative!
- ◆ **Design your posters.**
 - ◆ Stay away from trifold boards
 - ◆ Use a poster, or set of posters.
 - ◆ List your steps and supplies on your poster(s)
 - ◆ Include a Title!
- ◆ **Format and practice your presentation.**
 - ◆ Introduction
 - ◆ “show and tell” all of your materials
 - ◆ Step by Step Instructions
 - ◆ Conclusion

Time Limit
3-5 Minutes

Wilson County 4-H Extension Agents

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The 4-H Project Areas!

Your Demonstration should relate to one of these areas. Awards will be given out per project area, instead of by grade!

Beef
Citizenship
Clothing & Textiles
Communication
Companion Animal
Computers & Technology
Consumer Education/Economics
Dairy
Electric
Engineering/Safety Science
Entomology
Entrepreneurship
Food Science
Forestry/Wildlife/Fisheries

Goat
Horse
Horticulture/Garden
Leadership/Personal Development
Line & Design
Nutrition, Health & Fitness
Outdoor Education/Shooting Sports
Performing Arts
Photography
Plant Science
Poultry
Sheep
Swine
Veterinary Science

Need Demonstration Ideas? Here are a few Ideas

How to Sew on a Button
How to Make Chocolate Chip Cookies
How to Plant a Flower
How to Make Healthy Snacks
How to Care for a Cat
How to Give a Dog a Bath

How an Engine Works
Learning About a Camera
How to Play Basketball
How a Circuit Works
Fishing Safety
How to Make a Bracelet

Helpful Hints

No audience Participation!
Remember to speak loud and clear
Don't forget to have good eye contact
Have good posture, don't slouch or lean on the table.
PRACTICE at home so you are prepared!
SMILE and have fun!

