



# Wilson County 4-H

## Demonstration Contest

### What is a Demonstration!??

- Showing **how** to do something
- Showing **how** something is made
- Showing **how** something works.

**Time Limit**  
**3-5 Minutes**



### Preparing for Your Demonstration!

- ◆ **Select Your Topic!**
  - ◆ Must relate to a 4-H Project area (see back for project list)
  - ◆ Choose a topic you know something about, or enjoy talking about.
- ◆ **Decide how will teach your topic.**
  - ◆ Use step by step instructions
  - ◆ Be specific and explain what you are doing.
- ◆ **Select materials.**
  - ◆ Use supplies and props to demonstrate with.
  - ◆ Follow school rules (nothing that can be dangerous or against school policy)
  - ◆ No live animals!
  - ◆ Be creative!
- ◆ **Design your posters.**
  - ◆ Stay away from trifold boards
  - ◆ Use a poster, or set of posters.
  - ◆ List your steps and supplies on your poster(s)
  - ◆ Include a Title!
- ◆ **Format and practice your presentation.**
  - ◆ Introduction
  - ◆ “show and tell” all of your materials
  - ◆ Step by Step Instructions
  - ◆ Conclusion

### *Wilson County 4-H Extension Agents*

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This contest relates to 4th grade state standards 4.W.TTP.1a, 4W.TTP.1b, 4W.TTP.1d, 4.SL.PKI.4 and 4.W.TTP.2c. 5th grade state standards are 5.W.TTP.1a, 5W.TTP.1b, 5.W.TTP.1c, 5.W.TTP1d, 5.SL.PKI.4, 5.SL.PKI.5. This contest may be a class requirement. State standards are available on our website.



## The 4-H Project Areas!

Your Demonstration should relate to one of these areas. Awards will be given out per project area, instead of by grade!

Beef  
Citizenship  
Clothing & Textiles  
Communication  
Companion Animal  
Computers & Technology  
Consumer Education/Economics  
Creative Arts & Design  
Dairy  
Electric  
Engineering/Safety Science  
Entomology  
Entrepreneurship  
Food Science

Forestry/Wildlife/Fisheries  
Goat  
Horse  
Horticulture/Garden  
Leadership/Personal Development  
Nutrition, Health & Fitness  
Outdoor Education/Shooting Sports  
Performing Arts  
Photography  
Plant Science  
Poultry  
Sheep  
Swine

## Need Demonstration Ideas? Here are a few Ideas

How to Sew on a Button  
How to Make Chocolate Chip Cookies  
How to Plant a Flower  
How to Make Healthy Snacks  
How to Care for a Cat  
How to Give a Dog a Bath

How an Engine Works  
Learning About a Camera  
How to Play Basketball  
How a Circuit Works  
Fishing Safety  
How to Make a Bracelet

## Helpful Hints

No audience Participation!  
Remember to speak loud and clear  
Don't forget to have good eye contact  
Have good posture, don't slouch or lean on the table.  
PRACTICE at home so you are prepared!  
SMILE and have fun!

