

Wilson County 4-H



18 U.S.C. 707

2024-2025

4-H Handbook layout adapted from Purdue. A Beginner's Guide to 4-H.

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development.
University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating.
UT Extension provides equal opportunities in programs and employment.



4-H Definitions

4-H Club

A 4-H Club is a group that meets monthly. There are officers, contests, and activities. Most of our clubs meet during school.

4-H Enrollment

Each 4-H member enrolls by filling out the enrollment form at the beginning of the 4-H club year.

4-H Projects

4-H projects are extra activities and programs that you participate in outside of your club meeting. If you raise livestock, your project might be an animal project. If you are interested in photography, there is a 4-H photography project. If you are in 6th-12th grade, you can submit portfolios and compete in project competitions for prizes. High school students can also receive scholarship money and travel opportunities for submitting portfolios.

4-H Portfolios

4-H portfolios are digital records of the events and activities you have done in a project area. 4-H portfolios include photos, a written narrative or resume about you, and other information. You put together a WIX project portfolio.

If you are in 6th-8th grade, you can use a portfolio to attend 4-H Academic Conference and compete in 4-H project showcase.

If you are in 9th-12th grade, you can use a portfolio to attend 4-H Congress, 4-H Round Up, and compete for prizes and scholarships. Students in 11th-12th grade have the opportunity to receive college credit through UT Knoxville in certain project areas.

4-H Judging Teams and Activities

4-H judging teams are educational contests that happen throughout the year. Students who are interested in participating in judging teams can participate in practices and then attend competitions demonstrating the knowledge they have learned.

Judging teams include Forestry, Wildlife, Grill Master Challenge, FCS Skill-A-Thon, Horse Judging, Horse Bowl and Hippology, Livestock Judging, and Poultry judging, just to name a few. We also have a 4-H Shooting Sports group focusing on Archery.

4-H Specialty Programs

We offer specialty programs throughout the 4-H year. These programs mainly consist of our 3 Day Camp and other specialty camps.

4-H Honor Club

4-H Honor Club is a group of students who have excelled in their 4-H work. They go above and beyond the 4-H classroom activities. These 4-Hers get the opportunity to meet once a month and complete service learning activities and participate in fun social events. This is also the first level of recognition that a 4-H member may achieve.

4-H Definitions

4-H All-Stars

4-H All-Stars is the second level of recognition a Tennessee 4-H member may receive. These students are in 9th-12th grade. They are invited to attend regional leadership retreats in the fall and spring each year and have the opportunity to attend 4-H Round Up. A 4-Her who is active through their junior and senior year can also achieve Tennessee 4-H's highest recognition, **Vol State**.

4-H Camp

Summer camps are the highlight of a 4-Her's summer. 4-Hers in 4th-12th grade can attend various 4-H and specialty camps over the summer.

4-H Congress

4-H Congress is an event specifically designed for 9th and 10th graders. Students have the opportunity learn about government and participate in legislative visits, tour the State Capital, and participate in mock sessions. This event is always in March. Students in 11th and 12th grade can earn a spot to attend by competing in the leadership or citizenship portfolio competition or winning the regional public speaking competition.

4-H Round Up

4-H Round Up is a week-long event that rotates between UT Martin and UT Knoxville. Students in 9th-12th grade can attend Round Up as a competing delegate or as an All Star attendee. If you are a competing delegate, you have the opportunity to submit a portfolio to compete for scholarships and awards.

9th-10th graders- Level I competition

11th-12th graders- Level 2 competition and a chance to attend National 4-H Congress

Level II participants can also earn course credit for UT Knoxville in several project areas without winning the state competition.

4-H Academic Conference

4-Hers in 6th-8th grade can submit portfolio forms in their chosen project areas for an opportunity to attend UT Academic Conference on the Knoxville campus. This is a great opportunity to see life as a college student and participate in educational sessions with professors and specialists.

4-H Livestock and Horse Shows

4-H hosts regional and state livestock and horse shows. If you are interested in showing animals, this is a great opportunity for you to get involved.

"To make the best better."

4-H Calendar

August

- 4-H Activities at Wilson County-TN State Fair
- State Goat Show
- Consumer Decision Making Contest (6th-12th grade)
- Central Region Dairy Show

September

- Enrollment in 4-H Clubs begins
- Central Region Grill Master Challenge (6th-12th), Forestry (4th-12th), and Poultry (4th-12th) Contests
- Central Region Sheep Expo
- Southern Region Teen Leadership Conference (9th-12th)

October

- State Dairy Show
- State Junior Sheep Expo

November

- 4-H Fall All Star Retreat (9th-12th)
- National 4-H Congress (You earn this trip by winning level II at State 4-H Round Up.)

December

January

- Wilson County Public Speaking Contest
- State Junior Market Hog Show
- Central Region 4-H Hippology and Horse Bowl Contest (4th-12th)
- Registration for 4-H Chick Chain begins (4th-12th)
- Sub Regional Public Speaking Contest (4th-12th)

February

- TN 4-H Congress Registration (9th-10th)
- Central Region Public Speaking Competition (9th-12th)

March

- TN 4-H Congress (9th-10th)
- Congress Readiness Day (9th-10th)
- Central Region 4-H All-Star Spring Retreat (9th-12th)
- 4-H Scholarship Application due (12th grade)
- Central Region 4-H Horse Judging Contest (4th-12th)

April

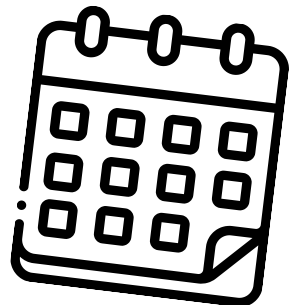
- Academic Conference Applications due (6th-8th)
- State Archery Jamboree
- Central Region 4-H Livestock (4th-12th) and Meats Judging (6th-12th) Contest

May

- Sub Regional Achievement Day
- Central Region 4-H Wildlife Judging Contest (4th-12th)
- Sr High Portfolios due (9th-12th)

June/July

- 4-H Summer Camps
- State Beef Expo
- 4-H Academic Conference (6th-8th)
- Central Region and State Horse Shows
- State Dairy Quiz Bowl Contest
- Central Region 4-H Dairy Judging and FCS Skillathon Contests
- 4-H Round Up (9th-12th)
- 4-H Round Up Readiness Day



4-H Portfolios

What are projects and portfolios?

Do you have a hobby or activity you like to do? Maybe you enjoy sports or being outdoors? How about raising livestock or taking photos? GREAT NEWS! There are projects for anything and everything. You can tie your hobbies or activities into 4-H projects by sharing your knowledge and experiences with others. Everything you do can be recorded in your digital portfolio and submitted for awards.

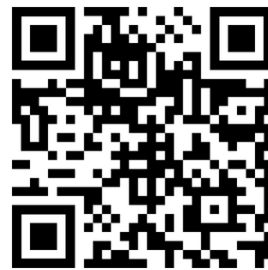
Project List

Beef
Citizenship
Clothing and Textiles
Communications/Public Speaking
Companion Animal
Computers and Technology
Consumer Education/Economics
Creative Arts and Design
Dairy
Electric
Engineering/Safety Science
Entomology/Beekeeping
Entrepreneurship
Food Science
Forestry, Wildlife and Fisheries
Goat
Horse
Horticulture/Garden
Leadership
Nutrition, Health, and Fitness
Outdoor Recreation/Shooting Sports
Performing Arts/Recreation
Personal Development
Photography
Plant Science
Poultry
Sheep
Swine
Veterinary Science

Requirements

F305A- Main Project Form
F305B- Leadership Form
F305C- Citizenship Form
Narrative- 6th-8th grades
Resume- 9th-12th grades
Photos- Up to 15 "Action Shots"
Project Showcase- Sr High portfolios (9th-12th grades)
Entry Form

Portfolios are created on WIX with step by step instructions. Scan the QR code below or go to <https://4h.tennessee.edu/portfolios/> for portfolio forms and how to guide.



Portfolio Workshops

Join us at the Extension Office to work on 4-H project portfolios! We will work on different pieces of the portfolio at each meeting.

Portfolio Deadlines

The deadlines will be announced at a later date.

4-H Judging Teams

Wildlife Judging

Grades: 4th-12th

Topics include:

Wildlife identification

- Skulls

- Hides

- Calls

Wildlife management practices

Livestock Judging

Grades: 4th-12th

Topics include:

Evaluate livestock classes

- Beef cattle, swine, sheep, and meat goats

Grill Master Challenge

Grades: 6th-12th

Topics include:

-Fire safety

-Safe food handling

-Proper grilling techniques

FCS Skill-a-thon/

Consumer Decision Making

Grades: 6th-12th

Topics include:

-Sewing

-Food and nutrition

-Interior design

-Learning to make smart purchases

Horse Bowl and Hippology

Grades: 4th-12th

Topics include:

-How to care and manage equine

- Knowledge related to the horse and industry

-How to apply this knowledge by answer questions in a competitive format

Forestry Judging

Grades: 4th-12th

Topics include:

-Tree identification

-Insect/disease identification

-Compass and pacing

-Tree measurement

Poultry Judging

Grades: 4th-12th

Topics include:

-Judging post production hens

-Chicken parts ID

-Egg candling

-Broken out egg quality

-Processed products

-Part quality

-Egg quality

Horse Judging

Grades: 9th-12th

Topics include:

-How to evaluate conformation

- How to evaluate performance

-How to defend placings through oral reasons *Sr high only*

Meats Judging

Grades: 6th-12th

Topics include:

Retail meat cut Identification

Judging different classes of meat cuts

**Senior high members will have to give reasons for judging classes.

4-H Project Groups

Project Groups

Photography



Grades: 4th–12th

Learn about flash techniques, lenses, shutter speeds, and more during one of our seasonal photography classes!

****There are fees to participate.**

Grades: 4th–12th

For youth interested in beef cattle, dairy cattle, goats, sheep, and hogs.

If you are on any livestock–based judging team, you will automatically be enrolled in the Livestock Project Group.

Livestock

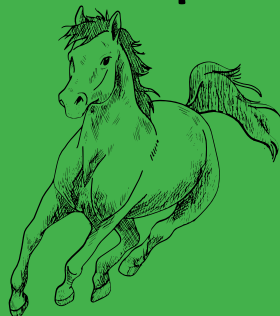


Grades: 4th–12th

For youth interested in learning about horses.

If you are on any horse–based judging team, you will automatically be enrolled in the Horse Project Group.

Horse Express



****There are fees to participate!**

4-H Project Groups

Project Groups

Cooking



Grades: 4th–12th

Learn cooking skills, food safety, and basic nutrition.

****There are fees to participate.**

Grades: 4th–12th

For youth interested in learning about breeds, how to care for, and how to show chickens.

****There are fees to participate in the Chick Chain program.**

Chick Chain



Line and Design



Grades: 4th–12th

For youth interested in arts and crafts and design day camps.

****There are fees to participate.**

4-H Project Groups

Project Groups

Archery and Arrow Addicts

Grades: 4th–12th



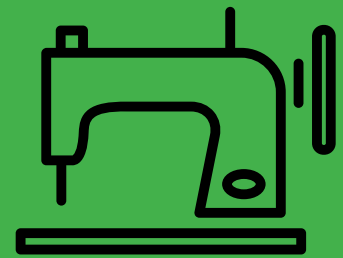
Youth can complete a 6 week class (offered in fall and spring) and join the county archery team upon successful completion of class!

****There are fees to participate.**

Sewing

Grades: 4th–12th

Learn the basics of sewing and how to use a sewing machine.



****There are fees to participate.**

STEM



Grades: 4th–12th

For youth interested in agriculture, food, plants, and animal science classes and day camps with a focus on all things STEM.

****There are fees to participate.**

Wilson County 4-H Clubs

Clubs

Honor Club



Grades: 6th–12th

For 4-H members who enjoy to leadership and citizenship activities and have demonstrated outstanding project work. Membership is earned through participation and is recognized statewide.

Ages: 5–7

For younger students interested in getting a head start on 4-H programming, projects, and contests.

Clover Buds



4-H has many Summer Camp opportunities for youth in 4th to 12th grades. Visit our website at wilson.tennessee.edu for details on County, Regional and State Camping opportunities.

Although there are fees to participate in most programs, there are scholarship opportunities available for those who need assistance. Please call our office at 615-444-9584 for additional information.

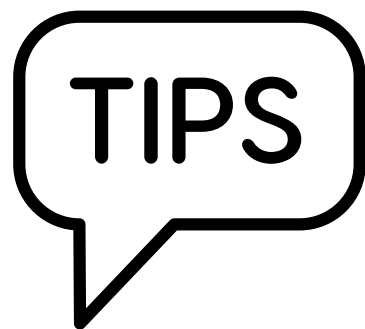
4-H Parents

How can parents get involved?

Parents are encouraged to take an active role in the 4-H program. The most successful 4-H members have the interest and support of their parents or another caring adult. Often parents are willing to help but are not sure how, when, or where they may get involved. If you have different talents, means, or available time, we can always use your help with the 4-H program.

Tips for being an active parent

1. Learn about the 4-H program and how it operates.
2. Guide/advise your child in selecting 4-H projects.
3. Show your interest and enthusiasm for the 4-H projects selected.
4. See that a project is completed.
5. Encourage your 4-H member when they succeed and even more when they fail.
6. Make 4-H club work FAMILY work.
7. Attend 4-H meetings and special events.
8. Support your local 4-H volunteers or become a 4-H volunteer
9. Offer your skills, talent, and share your interests
10. Remember that the real objective of 4-H is to develop your children into outstanding, productive adults. The way they do their projects and conduct themselves at competitive events and meetings will help set work and character standards for the rest of their lives.



Volunteering

To become an official 4-H volunteer, we must enroll a parent through the 4-H Volunteer Program. Contact your 4-H Agents for more information.

Contact Information

Wilson County 4-H



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Social Media

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