



# JUNIOR 4-H CAMP **PACKING LIST**

## *What TO Pack*

- Bedding: Sleeping bag or twin sized sheets, pillow, blanket
- Toiletries: Soap, toothpaste, toothbrush, shampoo, conditioner, deodorant, hairbrush, etc.
- Bath towels/wash cloths: Bring at least 2 towels
- Pool towel
- Sun screen
- Bug spray
- Flip flops (For shower and pool)
- Closed toed shoes (for ropes course, zipline, and sports)
- Bathing suit
- Rain coat
- Laundry bag/trash bag for laundry
- Pajamas
- Clothes for each day. Would pack a few extra sets of outfits in case a change of clothes during the day is needed.
- Water bottle

**Label everything you can with your name or initials.**

**Do not bring anything valuable or sentimental. It is EASY to lose or misplace things.**

## *Do NOT Pack:*

- Electronics: Phones, tablets, video games, laptops, valuable items
- Gum or food
- Skateboards, roller skates
- Absolutely NO tobacco, alcohol, weapons, pocket knives, fireworks, sparklers, or anything illegal or could harm others
- No valuable or expensive items
- No short shorts, cut off shorts, shirts with sleeves cut off or wide open armholes, crop tops
- No offensive messages on your shirts (overly political, explicit, drug related, or offensive to other people groups or religions)

## *Optional Items*

- Flashlights
- Alarm clocks
- Card games, books, coloring items, etc. for downtime
- Money for Gift Shop & Canteen
- Clothespins for clothes line
- Ear plugs/eye shades
- Sunglasses/hats
- Shower caddy



TO: Parents and/or Guardians of Event/Camp Participants  
FROM: UT System Office of Risk Management  
DATE: January 12, 2026  
SUBJECT: Minors Programs Accident Insurance Program

Your child is enrolled in the Minors Programs Accident Insurance Program (formerly known as “Campers Insurance”). The cost of this coverage is included in your child’s participation fees. This program provides limited accident-related coverage for injuries that occur during scheduled, supervised, and sponsored activities, and it is intended to help reduce eligible out-of-pocket medical expenses.

If your child needs medical care during a camp or event, please provide your family’s health insurance information to the medical provider at the time of treatment. This accident insurance is secondary to your personal health insurance, meaning your family’s insurance will be billed first. After treatment, you should receive a claim form to complete. If you do not receive one, please contact the Office of Risk Management.

The description of coverage is as follows:

Carrier: AIG | Policy number: SRG 0009152593

<b>Accidental Death Max. Amount</b>	\$5,000
Incurral Period:	365 days
<b>Accidental Dismemberment Max. Amount</b>	\$10,000
Incurral Period:	365 days
<b>Accidental Medical Expense Max. Amount</b>	\$25,000
Benefit Period:	52 Weeks
Incurral Period:	90 Days
<b>Dental Maximum Amount per tooth</b>	\$250 per accident

UT System Office of Risk Management  
riskmanagement.tennessee.edu  
Email: [riskmanagement@tennessee.edu](mailto:riskmanagement@tennessee.edu)  
Phone: 865-974-5409

# Clyde York 4-H Center Summer Camp Menu 2026

Day	Breakfast	Lunch	Dinner
<b>Monday</b>		Pizza Curly Fries Salad & Dressings Fruit Brownies Lemonade & Water	Chicken Nuggets Mac & Cheese Buttered Carrots Rolls Chocolate Chip Cookies Tea & Water
<b>Tuesday</b>	Biscuits Gravy Sausage Eggs Assorted Cereal Oatmeal Fruit Milk & Juice	Hot Dogs Chips Chili Coleslaw Pudding Lemonade & Water	Taco Salad Spanish Rice Refried Beans Corn Rice Crispy Treats Tea & Water
<b>Wednesday</b>	Bacon & Egg Burritos Salsa & Cheese Hash Brown Oatmeal Assorted Cereal Assorted Jelly Milk & Juice	BBQ Sandwich Potato Chips Coleslaw Corn on the cob Chocolate Chip Cookies Lemonade & Water	Spaghetti Red Sauce Breadsticks Salad & Dressings Green Beans Cake Tea & Water
<b>Thursday</b>	Biscuits Gravy Eggs Chicken fritter Assorted Cereal Oatmeal Fruit Assorted Jelly Milk & Juice	Hamburgers Relish Tray French Fries Baked Beans Canned Peaches Lemonade & Water	Chicken Strips Mashed Potatoes Brown Gravy Green Beans Rolls Salad & Dressings Chocolate Cake Soda and Tea
<b>Friday</b>	French Toast Sticks Syrup Eggs Sausage Assorted Cereal Oatmeal Fruit Milk & Juice		

# 2026 Clyde York 4-H Center Pricing

## Canteen Prices

Chips, Candy, Slim Jims, Ice Cream, Soda, - \$2.00 and below



## Gift Shop Prices

Products Ranging from \$.25 to \$18.00



Money Capsules, Glow Sticks, Toiletries, Assorted Stuffed Animals, Assorted 4-H Products, Sunglasses, T-Shirts and MORE!!!

(ex: T-shirts- \$12.00, hoodie animals and snakes-\$12.00)

## Craft House Prices

Projects ranging from \$1.00 to \$5.00

Leather bracelets, Shrinky dinks, Canvas painting and MORE!!!



## Wood Shop Prices

All products \$5.00

String art, Derby cars, Assorted shape boards, Name boards



## Tie-Dye Prices

T-shirts

Bring their own white (cotton) shirt - \$5.00

Purchase a white shirt from camp- \$10.00



Pillow Cases

Clyde York pillow case- \$5.00